

Eat Fresh and Buy Local at the Surrey Urban Farmers Market



Every Wednesday the Surrey Urban Farmers Market is in Downtown Surrey. Situated between the North Surrey Rec Centre and the Surrey Central Bus loop, the Farmers Market is easily accessible to everyone. Every week the Farmers Market plays host to live entertainment, a kids zone with face painting, and over 20 vendors selling vegetables, plants, prepared foods, baked goods and artisan crafts.

What makes this Farmers Market unique is its strong community connection. All of the vendors are from Surrey and many of the products you can purchase were grown or made here in Surrey. Adam, a produce vendor for Sundog Vegetables, grows his produce in Newton and Delta. He says this kind of community based farmers market is great because, "you get a direct connection from farmer to consumer. If you want to know how your food is grown, that it is grown environmentally sustainable and without pesticides, you can talk to the person who grew it".

Farmers Market manager Anne Jansen

says, "You cannot get more delicious, fresher produce anywhere in Surrey than this market, [produce is] literally picked the morning you buy it. You can taste the difference. It is nothing like what you buy in stores". Anne would like to see the Farmers Market grow to include a cheese vendor, local sausage maker, and fresh cut flowers. She hopes more people from the community will come out to support the market and the vendors.

"Farmers Markets are important and they can help the community grow on every level," she says, "I feel that there is a lot of opportunity for the market to grow with the community".

If you can't wait to taste some outstanding local produce from Sundog, or buy some unique artisan crafts, spend a Wednesday afternoon strolling through the Surrey Urban Farmers Market. The market is easily accessible by bus and train, there is free parking available, and it is open 1pm to 6pm every Wednesday until October 3rd.

Written by Sheena Grant

